



Put Me at the Center of My Healthcare. Please.



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The conventional wisdom that the best care is delivered in-person by experienced caregivers is being overturned.

Rising healthcare cost, a worldwide shortage of physicians and an aging and growing population makes traditional healthcare models unsustainable. New uses of digital and mobile technology are helping to manage these challenges. Virtual healthcare is rapidly reducing costs by reducing labor intensity.

Virtual healthcare refers to the use of technology such as video calls, mobile apps, wearable biometric devices to deliver healthcare and health services in a way that is totally independent of time of day and your location. Virtual healthcare allows primary care physicians, as well as specialist to increase patient capacity while added more personal health care solutions.

We will be 40,000 primary care doctors short within the next decade according to the American Association of Medical Colleges.

Virtual healthcare can generate an economic value of over \$10 billion annually within the next few years according to Accenture research analysis. This means that machines and patients can join the doctors in the healthcare delivery model.

In the process, patients can become more engaged in their own care, and one-size-fits-all care services will be slowly supplanted by increasingly personalized options — allowing people to choose care on their own terms. The patient can decide when to get lab test, where their medical records are stored and how they are used. This eliminates much of the record gathering and tedious task of paperwork in a typical office visit.

Put me at the center of my healthcare. Let me in on the decisions. Imagine having all your health records in one place, available to any physician of your choice. Instead of sharing information in bits and pieces, we need an all in one solution. A portable electronic health record that we the patients have control of. No more missed diagnosis, over or under medicating, medication interactions and lost medical records.

It's time for a virtual medical assistants that can guide the patient through standard intake questions, such as symptoms and family medical history, and analyze the combined information with a diagnostic engine so the physician can consider clinical options prior to the in-person exam.

Common consumer devices, such as wearable sensors and biometric devices, would let health care providers automatically gather patient information, along with concerns or discussion items, for the visit.

Now this, is putting me at the center of my healthcare.

For more information on this topic and some clear solutions, visit us at [Health Alliance Network](#)